

West Sands Spa

A unique modern design to make you feel relaxed. We offer an extensive range of innovative treatments, which ensure an exceptional spa experience tailored to suit our guest's individual desires. We offer pure sensational and tranquil surroundings that enchant the senses while calming the mind and allowing the inner self to relax and rejuvenate. The treatments we offer with natural products combine beautiful products with the gentle healing skills of our Thai therapists, and they are pure indulgence.

Our spa receptionists will guide you through our extensive range of treatments ranging from heavenly to invigorating; all tailored especially to cater to your different needs.

Operation Hours:

Operate daily from 10.00am - 22.00 pm.

Arrival:

Please arrive 15 minutes prior to your reserved treatment time to fill in our Consultation form. In case you come late for your booking, your treatment time will be decreased or re-scheduled

Valuables:

We would suggest not wearing your jewelry during the treatment. A jewelry box is provided and it will be kept safe in your treatment room.

Cancellation Policy:

Any treatment appointments adhere for reservation as less than 4 hours' notice for cancellation and 4 hours late notice for Spa package will be automatically incurred 50% charge to the reserved treatment.

Spa Protocol

We kindly request mobile phone to be turned to silent mode and noises to be kept to a minimum to allow all guests to enjoy the serenity of the spa. Smoking and consumption of alcohol in the spa is not allowed.



MASSAGE

Aromatherapy Massage

This unique massage combines soft to medium pressure by thumb kneading techniques. A uniquely luxurious blend designed using amazing product. The series of strokes and proper pressure aid your lymphatic system and remove blockages of the circulatory system.

60 Minutes 1,500 THB

90 Minutes 1,900 THB

Thai Massage

A Thai Massage that includes a deep, full-body treatment that is both stimulating as well as relaxing. Pressure point massage along the body. Gentle stretching of the joints and muscles relieves tension, experiencing relaxation throughout the body and tranquility of the mind.

60 Minutes 1,200 THB

90 Minutes 1,500 THB

Energizer Massage

This invigorating massage is derived from the Swedish style of massage and combines oil massage techniques to soothe tired muscles, whilst increasing blood flow oxygen levels to the skin easing all tension.

60 Minutes 1,500 THB

90 Minutes 1,900 THB

Deep Massage

This massage is perfect after a day's activities. Deep relaxing massage targets into the deeper layers of muscle and connective tissue.

60 Minutes 1,500 THB

90 Minutes 1,900 THB



Thai Herbal Compress Massage

Thai traditional ancient deep pressure massage releases blockages and restores a smooth flow of energy. Combine with a heated Thai herbal compress with to detoxify your body, ideal to ease muscle ache and pain, leaving you feeling totally relaxed and completely restored.

90 Minutes 1,900 THB

Foot Massage

Reflexology is a great stress reducer, it is a natural healing art based on the principle that there are reflexes in the hands. Relieve your achy feet and enjoy deep relaxation massage promotes health and balance throughout the body.

60 Minutes 1,500 THB



LUXURY ADD-ON TREATMENT

Head Relax

This luxurious, nurturing massage combined with Ayurvedic techniques; you will achieve supreme relaxation and noticeable health restoration to your hair.

30 minutes 750 THB

Sole Relax

Soothe your soul with acupressure that is applied to zones on your feet, the massage of your feet will promote relaxation and a sense of wellbeing.

30 Minutes 750 THB

Tension Ease

A synergy blend of therapeutic healing techniques concentrating on the upper-back, neck and shoulders to release stiffness, ease away shoulder strain and relieve tension.

30 Minutes 750 THB



BODY SCRUB

Coconut Ginger Scrub

Coconut is a natural moisturizer while ginger is a gentle body exfoliating herb rich in vitamins, minerals and enzymes, leaving you a smooth and healthy skin.

60 minutes 1,300 THB

Coffee Scrub

Rich in anti-oxidant and the aromatic scent of the coffee helps to relax your body and mind while honey moisture your skin, soften and radiance the skin.

60 minutes 1,300 THB

Kaffir lime and Yogurt Scrub

Let the refreshing scent of the natural ingredients relax your body during the treatment and look forward to youthful and radiant skin.

60 Minute 1,300THB

Oatmeal Honey Scrub

Highly recommend for dry and mature skin as the oatmeal rich in vitamins and honey help to moisture your skin.

60 Minute 1,300THB



BODY WRAP

Aloe Vera Cooling Wrap (Sun burn)

This treatment is specifically designed to restore sun damaged or sun burnt skin, gently soothing and cooling the skin tissue calming any irritation. A natural Aloe Vera extract wrap is applied to whole body. Leaves you feeling and looking fresh.

60 minutes 1,500 THB

Traditional Thai Herbal Mud Wrap

Thai herbal which has many beneficial qualities for the skin, it helps to brighten the skin, reduce the skin irritation and acts as a moisturizer. It is a great treatment to combine after any scrub.

60 minutes 1,500 THB

Honey and Sesame Wrap

Miracle of natural blend from pure honey and crushed sesame seeds acts as an overall moisturizer for skin and helps balance the skin moisture after treatment.

60 Minutes 1,500THB



FACIAL

Repair Facial

Ideal for soothing sensitive and irritated skin by using plant extracts. Your skin is rejuvenated and moisturized.

60 minutes 1,800 THB

Replenish Facial

Beneficial for dry or mature skin that is losing its tone and elasticity and skin that may be suffering from dryness and dehydration.

60 minutes 1,800 THB

Renewal Facial

Revitalized and moisture levels restored, an instant booster for tired and stressed complexions, skin breakouts and signs of pollution exposure.

60 Minutes 1,800THB



HAND AND FEET THERAPY

Spa manicure, Spa pedicure grooming of cuties and nail and optional nail polish color of your choice.

Spa Manicure	60 minutes/850 THB
Spa Pedicure	60 minutes/850THB
Spa manicure & Pedicure	120 minutes/1,500THB
Nail Reshape Hand/Feet, Nail Paint	500 THB

Deluxe Manicure

Therapeutic your hand with scrub and massage with a nourishing cream to restore natural moisture and improve the texture of skin follow your nails will be shaped and cuticles and hydrated. Nail varnish is applied on request.

75 minutes 1,000 THB

Deluxe Pedicure

Transform your feet with our nail and cuticle care, then relax and enjoy a foot scrub and massage to soften and nourish your skin whilst boosting your circulation and relieving tired or swollen feet. Nail varnish is applied on request.

75 Minutes 1,000THB



SPA PACKAGE

Thai Journey

This package is perfect to start your holidays by soothing Herbal Scrub with Thai herb which removes dead skin cells and impurities and Authentic Thai Clay Mask for brightening and moisturizing the skin allow yourself to indulge with Thai Sabuy massage for a complete relaxing.

Ancient Thai Herb Scrub	45 Minutes
Traditional Thai Herbal Wrap	45 Minutes
Thai Massage	60 Minutes

150 Minutes 3,000 THB

Relax Indulgence

Revitalize yourself with scrub full of cleansing to your skin and relax yourself with Aromatherapy massage a uniquely luxurious blend designed to relieve sore muscles giving you the ultimate soothing and complete tranquility with Pure Radiant Facial and healthier skin.

Choice of Scrub	45 Minutes
Aromatherapy Massage	45 Minutes
Facial Treatment	60 Minutes

150 Minutes 3,200 THB



Renewal after Sun

Rejuvenate yourself after sun with Aloe Vera Wrap an excellent healing skin treatment to soothe your skin especially designed for burnt skin, irritated skin and allergic reaction. Pampered by Aromatherapy Massage, a unique massage combines soft to medium pressures by thumb kneading techniques and rejuvenate your skin with Repair Facial treatment.

Aloe Vera Wrap	45 Minutes
Aromatherapy Massage	45 Minutes
Repair Facial	60 Minutes

180 Minutes 3,400 THB

Couple Sanctuary

Your sensuous couple experience begins with Mandarin Salt scrub that removes impurities and improves blood circulation. This is followed by a relaxing bath incorporating, to complete the couples experience an Aromatherapy massage to relieve aching muscles. Perfect for a honeymoon couple.

Choice of Scrub	60 Minutes
Relaxing Bath	30 Minutes
Aromatherapy Massage	90 Minutes

180 Minutes 6,500 THB per couple

All prices are subject to 10% service charge and applicable taxes

